

Overview

Twenty years ago, when the field of substance abuse prevention was in its infancy, little was known about what worked to help keep young people from using alcohol, tobacco and other drugs. Many programs and strategies which were enthusiastically adopted by well-meaning individuals and agencies failed to produce the hoped-for results. For example, early efforts employing scare tactics and information-only approaches proved to be unsuccessful. These ineffective approaches have been replaced by strategies-based, solid, scientific research with priority placed on policy and environmental changes. The following areas will create health community environments that residents can enjoy.

Policy

- Ordinance prohibits smoking in parks and outdoor recreation facilities

Infrastructure

- Posted Drug-Free Zones designated near schools and parks
- Enforcement of policy prohibiting smoking in parks and recreation facilities
- Appropriate signage of policy for ordinance prohibiting smoking in parks and outdoor recreation facilities

Outcomes

- All parks and outdoor recreation facilities are smoke-free

Events/Ideas

- Advocacy training for interested residents to learn how to initiate policy change. The following focus areas will create healthy environments where residents can enjoy being physically active
- Campaigns or events to increase awareness of policies or ordinances that prohibit use of alcohol, tobacco and other drugs

Tobacco Contacts

Agency	E-Mail Address
Coalition for a Tobacco-Free Utah	ctfutah@gmail.com

Tobacco Cessation Resources

Utah Tobacco Quit Line, (888) 567-TRUTH (8788)
 Linea en Utah para dejar el tobacco, (877) 629-1585

Tobacco-Free Resource Line

Tobacco Prevention and Control Program, Utah Department of Health, (877) 220-3466

Tobacco Web Resources

Name of Web Site	Web Site Address
Utah Second Hand Smoke Policy Implementation Guide	www.tobaccofreeutah.org/shsguide.html
Sample Local Ordinances	www.njgasp.org/d4c_use.htm
Reporting Utah Indoor Clean Air Act Violations	www.tobaccofreeutah.org/violationsuicaa.html
Second Hand Smoke Amendments	www.tobaccofreeutah.org/sechndsmokeam.html
The Utah Indoor Clean Air Act Business Guide	www.tobaccofreeutah.org/uicaa-busguide.htm
Summary of Utah's Tobacco Laws	www.tobaccofreeutah.org/laws-glance.html
Tobacco Compliance Check Lead Contacts by County	www.tobaccofreeutah.org/localtfu.html
Tobacco Retailer Guide	www.tobaccofreeutah.org/retedguide.html
Utah Tobacco Cessation Resource Directory	www.tobaccofreeutah.org/utah_tobacco_cessation_resource_directory-introduction-1.htm
Utah QuitNet	www.utahquitnet.com
Utah Indoor Clean Air Act – Statute Rule	www.tobaccofreeutah.org/uicaastat&rule.html